

RUN THE ROCK 5K & 10K
SATURDAY 8th JUNE 2019, 10.00 AM
 Longburrow Hall, Park Lane, Stokenchurch, Bucks, HP14 3TQ
 UK Athletics Licence No: 2019-pending

2019 Entry Form



NAME	EVENT (please tick)	5K
		10K
ADDRESS	GENDER (please tick)	MALE
		FEMALE
	D.O.B.	
PHONE NUMBER	AFFILIATED CLUB	
EMAIL ADDRESS	ENTRY FEE (Enclosed)	

Entry Fees:

- £15 affiliated and £17 on the day, £18 non Affiliated and £20 on the day.

Please note:

- The course is not suitable for wheelchairs and pushchairs.
- Minimum entry age for the 5K event is 11 years (as of 8th June 2019).
- Minimum entry age for the 10k event is 15 years (as of 8th June 2019).
- Parent/guardian signature required for entrants under the age of 18 at time of application.
- Closing date for entries: Saturday 1st June (postal) and Wednesday 5th June (online).
- Cheques to be made payable to "Run The Rock".
- Please send payment along with your completed entry forms and a stamped self-addressed C5 envelope to "Run The Rock", Old House Farm, Marlow Road, Stokenchurch, Bucks, HP14 3UN.

Declaration

I declare to the best of my knowledge, I am fit to take part in this event. I agree that the organisers, their agents and sponsors are not responsible or liable for any injury (including fatality), loss, accident or damage to either my person or property as a result of my participation in this event. I also accept that my entry is subject to the organiser's discretion and that no refund of the entry fee will be made as a result of cancellation of this event.

Signed _____ Date _____

If entrant is under the age of 18 years on the date of application:

Parent/Guardian signature _____ Date _____